

### Oceana County Council On Aging

The Oceana County Council on Aging is a nonprofi agency that promotes and safeguards the independence and well being of individuals 60 years of age and older by providing services, information and support to residents of Oceana County.

### What We Offer

- Countywide Transportation
- On site homecooked Meals
- Daily Activities
  - Socialization

**}}}**}

- Art, Exercise and Wellness Classes
- Day Trip Outings
- Extended Travel Opportunities
- Senior Care Services including in home care, respite care, and case coordination.











# **Our Friends House**

Provide exceptional adult day service in a home-like, safe and welcoming setting, with activities provided by professional and compassionate staff. We offer respite care, activities, personal care and a social atmosphere for your loved one.



## **Our Services**



### **Respite Care**

Ensure your loved one is receiving the quality care they deserve, while you complete necessary tasks. Respite Care can reduce caregiver stress and prevent burnout.



#### **Social Activities**

Allow your loved one an opportunity to socialize. Our Friends House is staffed accordingly to ensure activities are safe and fun.



#### **Bathing Program**

A spa-like bathing experience in a therapeutic, whirlpool tub.

Find us on Facebook or visit our website www.oceanacoa.com for more information!

