



# February 2026 Programs

1st  
Edition

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 	5	6	7
	9 Tai Chi 10 SAIL 10 5 Crowns 1 Rumi Kub 1:30 Walk w/Friends	9 Chair Volleyball 10 Drum Fitness 10 For the Birds Nature Craft 1-3 Euchre 1-3 Mahjong	9-12 Quilting 9 Tai Chi 10 SAIL 12 Birthday Lunch 1-3 Euchre 1:30 Walk w/Friends	8:30 Breakfast 10:30 Bingo 11 BP Check w/Dr. Barker 1-3 Bridge	9 Zumba Gold 1:15 Games w/Mary 1:30 Walk w/Friends	
8	9	10	11 Valentine's Dinner	12	13	14
	9 Tai Chi 10 Coffee w/ Ryan 10 SAIL 10 5 Crowns 10 Art w/ Brad 1 Rumi Kub 1:30 Walk w/Friends	9 Chair Volleyball 10 Drum Fitness 10 Valentine Craft w/ Kay & Mary 1-3 Euchre 1-3 Mahjong	9-12 Quilting 9 Tai Chi 10 SAIL 1-3 Euchre 1:30 Walk w/Friends  Podiatry by Appt.	8:30 Breakfast 10:30 Bingo 11 BP Check w/Dr. Barker 1-3 Bridge	9 Zumba Gold 1:15 Movie and a Snack "Valentine's Day" 1:30 Walk w/Friends  Valentine's Day Games and Fun	
15	16	17 Mardi Gras	18	19	20	21
	Presidents Day  Center Closed	9 Chair Volleyball 10 Drum Fitness 1-3 Euchre 1-3 Mahjong  Parmenter Law By Appointment	9-12 Quilting 9 Tai Chi 10 SAIL 1-3 Euchre	8:30 Breakfast 10:30 Bingo 11 BP Check w/Dr. Barker 1-3 Bridge	9 Quilt Shop Hop 9 Zumba Gold 1:30 Walk w/Friends	
22	23	24	25	26	27	28
	9 Tai Chi 10 SAIL 10 5 Crowns 1 Rumi Kub 1:30 Walk w/Friends 5:30 Dinner Club	9 Chair Volleyball 10 Drum Fitness 1-3 Euchre 1-3 Mahjong 1:30 Board Meeting 2:30 Dinner and a Movie  Massage Therapy by appt.	9-12 Quilting 9 Tai Chi 10 SAIL 1-3 Euchre 1:30 Walk w/Friends  Beltone by appt.	8:30 Breakfast 10:30 Bingo 11 BP Check w/Dr. Barker 1-3 Bridge	9 Zumba Gold 1:15 Games w/Mary 1:30 Walk w/Friends	



# FEBRUARY 2026 MENU

1<sup>ST</sup> EDITION

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is Subject to Change Without Notice  All changes and updates online at: <a href="http://oceanacoa.com/Calendar">oceanacoa.com/Calendar</a>	<b>Call OCCOA @ 873-4461 for Reservations</b>	Reservations must be made by 3:30 the day before you wish to join us.		
<b>2</b>  Chef Salad, Dinner Rolls, Yogurt with Granola, Fruit Cup, Carrot Cake	<b>3 Nat Carrot Cake Day</b>  Open-Faced Turkey Sandwich with Mashed Potatoes and Gravy, Stuffing, Jello w-Fruit, Cherry Pie Blondies	<b>4 Birthday Meal</b>  BBQ Ribs, Potato Wedges, Corn, Cheddar Bay Biscuits, Applesauce, Birthday Cake & Ice Cream	<b>5</b>  Crab Cakes, Cheesy Potatoes, Peas a Plenty, Side Salad, Oat Rolls, Brownies	<b>6</b>  Curried Squash Soup in Bread Bowl, Turkey Roll Up, Rice Krispy Treats
<b>9</b>  Cowboy Chicken, Carrots, Loaded Tots, French Bread, Yogurt & Granola, Apple Spiced Muffins	<b>10</b>  Pizza Bake, Mixed Veggies, BLT Salad, Pistachio Dessert	<b>11 Valentine's Day Meal</b>  Chicken Fettuccini Alfredo with Garlic Bread, Garlic Green Beans, Shrimp with Cocktail, Strawberry Cheesecake Squares	<b>12</b>  Pulled Pork on Bun, Potato Salad, Cowboy Beans, Tennessee Toffee Ice Cream	<b>13</b>  Chili with Onions & Cheese, Cornbread, 7 Layer Salad, Dessert by Bradley
<b>16</b>  <b>CENTER CLOSED</b>	<b>17 Fat Tuesday</b>  Jambalaya over Rice, Cajun Corn Maque Choux, Mardi Gras Salad, Cornbread, King Cake Bars	<b>18</b>  Salmon, Garlic Mashed Potatoes, Peas, French Bread, Pasta Salad, Peanut Butter Cake	<b>19</b>  Baked Potato, Bacon & Cheese, Broccoli, Tasty Salad, 7 Layer Dessert Bars	<b>20</b>  Split Pea & Ham Soup, Ham n Cheese Wrap, Pretzels, Snickerdoodles
<b>23</b>  Sweet & Sour Chicken over Rice with Vegetables, Egg Roll in a Bowl, Apple Crisp	<b>24</b>  Scalloped Potatoes with Ham, Glazed Carrots, Wheat Bread, Peas & Peanuts Salad, Key Lime Pie Bars	<b>25</b>  Salisbury Steak, Mashed Potatoes & Gravy, Green Beans, Side Salad, Olive Oil Cake	<b>26</b>  Chicken Caesar Salad, 7 Bean Salad, Ice Cream Sandwiches	<b>27</b>  French Onion Soup with Italian Beef Sandwich, Chips, Nestle Crunch Bars