

October 2026 Menu 1st Edition

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is Subject to Change Without Notice All changes and updates online at: oceanacoa.com/Calendar Call OCCOA @ 873-4461 for Reservations	Reservations must be made by 3:30 the day before you wish to join us. Milk, Water, Tea & Coffee available with every meal.	Supported in part with Older American Acts Funds through Senior Resources and Age Well Services. 	1 Crispy Chicken Sandwich on Bun, Loaded Tots, Pasta Salad, Brownies	2 Ultimate Grilled Cheese and Tomato Soup, Chips, Tennessee Toffee Ice Cream
5 Goulash, Herb Bread, Peas, Yogurt with Granola, Cookie	6 Fish Sandwich on Bun, Lemon & Tarter, Glazed Carrots, French Fries, Apple Waldorf Salad, Pumpkin Bars	7 Birthday Meal Meatloaf, Mashed Potatoes & Gravy, Corn, Dinner Rolls, Fruit Cup, Birthday Cake & Ice Cream	8 Kielbasa Stir Fry with Veggies, Rice, Cheddar Bay Biscuits, Peas and Peanut Salad, Poke Cake	9 Ham & Bean Soup, Ham n Cheese on Bun, Pickle, Pretzels, Apple Crisp with Ice Cream
12 Mandarin Chicken Salad, Melon, Brown Bread, Peach Cobbler	13 Cheeseburger on Bun with Lettuce & Tomato, Chips & Dip, Potato Salad, Cherry Pie	14 Smoked Pork Chop, Cheesy Potatoes, Mixed Vegetables, Applesauce, Cornbread, Coffee Cake	15 Ham, Scalloped Potatoes, Broccoli, Dinner Rolls, Jell-O w/Fruit, Surprise Dessert	16 Pizza Party!!
19 Pork Tacos on Flour Tortillas, Peppers & Onions, Coleslaw, Chips & Salsa, Flan	20 Chicken Divan, Rice, White Bread, Beet Salad, Pumpkin Pie Bars	21 Salisbury Steak, Mashed Potatoes & Gravy, Peas, Jello w-Fruit, French Bread, Gingerbread	22 Stuffed Shells, Garlic Bread, Italian Salad, Glazed Carrots, 7 Layer Bars	23 Butternut Squash Soup in Bread Bowl, 7 Layer Salad, Apple Spice Cupcakes
26 Chef Salad, Oat Rolls, Fruit Cup, Rice Krispy Treats	27 Tuscan Chicken, Mashed Potatoes, Mixed Veggies, Brown Bread, Broccoli Salad, Peanut Butter Squares	28 Salmon, Broccoli, Baked Potato, Side Salad, Dinner Rolls, Blueberry Cheesecake Bars	29 Halloween Party Witches Stew, Herbed Bread, Grape Salad, Deviled Eggs, Witches Hat Cookies	30 Broccoli Cheese Soup, Turkey & Cheese Wrap, Dirt Cup